

# APPENDIX ONE

## Group Prayer

*following the*

## ACTS Format

**T**o make the most of your time when praying in a group, consider following the ACTS format. Each letter stands for a different aspect of prayer as follows:

**A**doration: “*I love you God because...*” (Worship God for who He *is*, not what He has *done*.)

**C**onfession: “*God forgive me for...*” (Be *specific*, but *discreet* since you are praying publicly)

**T**hanksgiving: “*God thank You for...*” (Thank God for the things He has *done*.)

**S**upplication: “*God, I am asking You for...*” (Pray for *others*, and for *yourself*.)

### Three more helpful tips:

1. Pray short prayers so everyone gets a chance.
2. Pray on one topic at a time.
3. Don't rush to the next topic until either everyone has prayed or has had an opportunity to do so.